



OCTOBER IS SEXUAL VIOLENCE
AWARENESS MONTH

Affirmation Card Workshop

You're invited to a gentle creative workshop where you can create your own affirmation and message cards using collage, scrapbook, watercolour paint and mixed media.



Date & Time

Thursday 8 October 2026
10:00am - 01:00pm



Location

Laurel Place Gympie
18 Channon Street
Gympie Qld



What You'll Do

- Create your own affirmation & compassion cards
- Play with collage, watercolour & mixed media
- Explore messages of hope, healing & self-compassion
- Create at your own pace in a relaxed, supportive space



What We'll Provide

- All art materials & supplies provided
- Your own handmade affirmation card/s to take home
- Gentle guidance & creative inspiration
- Affirmation ideas and prompts to help you get started
- A relaxed, supportive space to create
- The option to contribute a card to our Messages That Matter initiative for SVAM

How to book?
speak to any Laurel
Place staff to secure
your spot.

Reserve your spot now and start creating something meaningful
with your own hands

